

**TERM 1**

**ISSUE 2**

**16 February 2017**

**Diary Dates:**

**February**

**Monday 20**

**Governing Council AGM**

**Friday 24**

- Assembly LA2-7
- SAPSASA Swimming

**March**

**Monday 6**

- **Pupil Free Day**
- **Year 6/7 Camp 6-8 March**

**Friday 10**

- Assembly LA1-11

**Monday 13**

- **Adelaide Cup Public Holiday**

**Tuesday 14**

- **School Photo Day**

**Friday 17**

- **Principal's Tour 9am**

**Tuesday 21**

- **Harmony Day**

**Friday 24**

- Assembly LA1-1
- MindLab Adelaide Competition

**Monday 27 – Wednesday 29**

- **Year 3-5 Belair National Park**

**Thursday 30**

- **Sports Day**

**Friday 31**

- **Pupil Free Day**

**April**

**Monday 3 – Friday 7**

- Parent Interviews

**Friday 7**

- Assembly LA2-6

**Thursday 13**

- Last day of Term 1

**Term Dates For 2017**

Term 1	30 Jan to 13 Apr
Term 2	01 May to 07 Jul
Term 3	24 Jul to 29 Sep
Term 4	16 Oct to 15 Dec

**School Values**

**Bravery - Care – Challenge - Trust**

Dear Families

It was wonderful to see so many families visiting our school last Tuesday evening, as is evident in the photos in this newsletter, to meet with our educators as a part of our Acquaintance Night. I was most impressed with the high quality of information provided to our families and in particular the strong message across the whole school from all educators about the purpose of our school, and that is to provide opportunities for powerful learning to ensure high levels of learning and growth for each child. As I walked around the classes I heard our educators talking about growth mindset, the learning pit, intellectual stretch, productive struggle, 'ungoogleable questions', making learning visible, thinking routines and seeing failure as an opportunity for learning. You will no doubt be hearing a lot more about this as the year progresses!

Parent feedback was very positive with comments including:

- \* I enjoyed the Acquaintance night format, very relaxed and informative.
- \* All information was so useful for me to hear. There is so much for us to learn as a new parent to the school and I am so excited to learn about what our children will be learning.
- \* The description of the learning/teaching approach was very valuable.
- \* As I am not here to drop kids or do pick up, I just wanted to meet you both so I feel what was presented was perfect!
- \* Teachers came across as warm, approachable and genuinely interested in children's learning.
- \* Awesome information session! I was really interested in learning about what the children will be doing and getting to know you (the teachers) better.
- \* Appreciated hearing about the way you are encouraging the children to try their best and not to worry if they fail.

The relationship we have with families is integral to the success of each child and their learning, and we look forward to continuing this partnership with you throughout the year.

A reminder that we have our **Governing Council AGM** next Monday 7-7.45pm in the Performing Arts Room. Everyone is welcome – even if you are not interested in joining the Governing Council, you are invited to come along and hear about the achievements of our children and the school in 2016.

I have enjoyed meeting many families each morning as I do crossing duty and have appreciated those who have taken the time to say 'Hello'. In keeping with one of the school's values of Challenge, I have set myself the challenge of getting to know the names of all the children in the school in my first 100 days (2 terms) as Principal! As there are now over 490 children in the school that is quite a challenge I have set myself, and one which will require some productive struggle! It would be great if you could help me with that by encouraging your child to say hello and to introduce themselves to me in the mornings.

It is also wonderful to see many families encouraging their children, regardless of their age, to take responsibility for their belongings, including carrying their bag to and from school and unpacking their school bags each morning. This may seem like a small thing, but it is a daily opportunity for children to build independence which is an important lifelong skill. Throughout the school day I see many examples of children reflecting our school values of BRAVERY, CARE, CHALLENGE and TRUST, and allowing your child to be responsible and care for their belongings is one way you can show them you trust them and view them as capable and competent.

I leave you this week with a quote taken from this week's class newsletter from LA1-10:

*"I have not failed. I've just found 10,000 ways that don't work!"*

I hope you have a wonderful week.

Leanne Prior  
Principal

## PARINGA PARK STAFF 2017:

### Leadership

**Principal** – Leanne Prior

**Deputy Principal** – Paul Taylor

**Assistant Principal** – Tracey Bennett

### Class Teachers

**Reception** Kelly Mitchell, Vicki Hodgson, Chanelle Pomeroy

**Year 1** – Nanette Virgo, Sue Mauger (Wed), Ainsley Haddow

**Year 1/2** - Bronte Ellison

**Year 2** – Jacquie Grover (Wed, Thurs) Bec Martin (Mon, Tues, Fri) Elise Baldwin

**Year 2/3** – Annette Reid

**Year 3** – Robert Pearl

**Year 3/4** - Ivan Cooper

**Year 4** – Ashley Jupe, Andrea Moss, Katie Dixon (Wed)

**Year 5** – Daniel Mills

**Year 5/6** – Ebony Wilkey, Katie Dixon (Fri)

**Year 6** – Clint Durbridge, Donna Williams (Mon, Tue, Wed) Kate Schipper (Thurs & Fri)

**Year 6/7** – Jon Osborne, Nathan Betts (Tues)

**Year 7** – Georgina Staben

**Speech & Language** – Nancy Shaw

### Specialist Teachers

**French** - Lea Garrett

**Performing Arts/Choir** - Steph Hammond

**PE** - Michelle Burton

**Integrated Studies R/1** - Sue Mauger

**EALD/Student Support** - Lena Lloyd

**Library** - Jacquie Grover (Tues)

**Counsellor** – Jon Osborne (Tues)

### Student Support Officers

**Classroom** - Vivonne Amoy, Caroline Cobb, Jane Davies, Melanie Milne, Annette Stagg

**Library** - Anne Dingle

**IT Systems** - Alastair Taverner

**Grounds** - Murray Oliver

**Business Manager** - Susan Mott

**Front Office** - Linda Chambers, Erica Staude

**Pastoral Support Worker** - Nerida Menzel

**Canteen Manager** – Julie Montgomerie, Leesa Turner.

### School and Session Times:

**8.30am** Teachers on duty at crossing and drop off zone  
Classrooms open

**8.45am** First lesson begins

**10.35am** Recess

**10.55am** Recess ends and lesson recommence

**12.35pm** Lunch eating time

**12.45pm** Lunch play

**1.25pm** Lunch ends and lesson recommence

**3.05pm** School day ends

**3.25pm** Teachers cease yard duty

### Inclement Weather Policy

Children will stay indoors at break times if the weather is either wet or extremely hot. A decision will be made on the day as local conditions can vary.

### Traffic Monitors

Week 4 – Morning Kyla R & Brianna L

Afternoon – Jade M & Kate O

Week 5 – Morning Emily A & Elsie N

Afternoon – William P & Liam G

## Environment Update

Over the holiday period and into the first two weeks of school we are happy to say that a number of upgrades to our school environment have occurred. These include:

- Re-surfacing the playground near the oval
- The installation of two new smart TV's, one in the LA-2 learning area and one in the staff room in the Administration area. This also required installing two new antennas to pick up the signals
- New furniture for our new learning areas was purchased and set up
- A feature wall in the staff room was painted after the term planner was moved and the new TV installed
- Storm damage caused a leak in the Resource Area and an internal roof panel was replaced
- A new air conditioner in LA 2-2 was installed and others were maintained
- Identified trees were lopped around the school grounds
- Rubber edging for the volleyball court has been ordered
- The mural to enhance the nature play space has been magnificently painted by Vivonne, her daughter Esther, and Kelly Mitchell and is in the final stages of having the graffiti protection painted on before it is attached to the OSHC building

As you can see there has been a lot going on around the school and many more projects coming up for 2017. If you would like to join the Environment Committee (formerly the Facilities Committee), you are welcome to put your name forward at the Governing Council Meeting on Monday February 20 2017, or contact the Front Office.

### Finance

Thank you to all those families that have already paid their fees. We have an excellent reputation of timely payment of fees at the school. If you are having difficulty in making payment please contact the office and we will endeavour to assist you in setting up a payment plan.

If you are eligible for school card assistance, forms can be downloaded from the DECD website or collected from the office. A new form is required each year. Please see myself (Susan), Erica or Linda in the Front Office for any assistance and we look forward to meeting all our new families over the coming year.

*Susan Mott*

*Business Manager*

### IMPORTANT Student Medical Information

If your child requires medication to be kept and/or administered at school, we must have a Health Care Plan. This **MUST** be updated every year and a copy provided to the Front Office. All medications need to be labelled with the child's name, dose and must not be expired. This is extremely important as we need this vital information to care for your child's health needs.



## Nerida's News

Welcome to all the new families at Paringa Park and welcome back to all the old ones! I thought it would be good to introduce myself to all of you who don't know who I am or my role in the school, and to remind those of you who have forgotten.

I am the school's Pastoral Care Worker. I have a Bachelor of Social Work and have been working at Paringa Park for the past 3 years. There are six dimensions to my role and they are:

- ◆ Social and Emotional Support
- ◆ School Engagement
- ◆ Community Engagement
- ◆ Extra-Curricular Contribution
- ◆ Spiritual Support
- ◆ Role Modelling and Mentoring

In practice, at Paringa Park Primary, I spend my days helping out in classrooms, running small groups for children (predominantly social skills or emotional wellbeing), working individually with children, being involved in Student Voice Executive (SVE), and meeting with parents to offer support. In Term 2 I also run Paringa's Got Talent in which approximately a quarter of the students participate.

As parents and families I am here to support you. I believe that it is important for school and home to work together. This means if you have any concerns about your child, either at home or at school, I would be happy to chat to you about it.

I am at school on Wednesdays and Fridays and can be contacted through the Front Office or via email. Feel free to book an appointment or just pop in and see me.

*Nerida Menzel*

[nerida.menzel57@schools.sa.edu.au](mailto:nerida.menzel57@schools.sa.edu.au)

## Are you up for it?

### Premier's Reading Challenge (PRC) is on again...

The aim of the game is to encourage children to read. Some need no encouragement – always a book in hand; others need a gentle prod. The PRC is a means for students to engage with books and receive a little reward at the end.

In an effort to save paper and photocopier toner, e-forms for the PRC can be accessed online at [premierreadingchallenge](http://premierreadingchallenge.com). Students or parents can enter details on the e-form, and once complete, email the form back to the library at [library.prc.698@schools.sa.edu.au](mailto:library.prc.698@schools.sa.edu.au) or print the completed form and return it to the library.

Take on the challenge!

*Anne and Jacquie (in the library)*

And another thing - Don't be shy, don't be embarrassed, we're happy to have books returned, even if they are loooooooooooooooooong overdue!



## Sports Report & SAPSASA

Do you love running?

For those of you who want to train for Sports Day, Cross Country or just want to run for fitness and fun we have some training sessions on 4 mornings a week!

<b>Beep Test</b>	Tues & Thurs <b>8:30 am</b>	<b>All year levels</b> Gym
<b>Running Club</b>	Wed <b>8:00 am</b>	<b>Year 4-7</b> School & Bowker Oval
<b>Junior Running Club</b>	Fri <b>8:30am</b>	<b>Year 2-3</b> School Oval

If you need any further information then see Mrs Burton at school.

## SAPSASA State Teams

Any students 12 years and under can nominate for SAPSASA State teams. Nominations forms and due dates are on the **SAPSASA website**. Parents need to complete the forms as it is not the school's responsibility. If you need any further information or have any questions, I am happy to help.

## Athletics Relay Day

Last weekend we had a number of students who competed at SANTOS Stadium in the State Relay Day. Well done to everyone who was selected! Some of the results by our students are below:

- Keira & Paige K – U9 – 4x100m Silver, 4x200m Bronze
- Lila, Kaitlyn, Anna –U11 – 4x100m Bronze, 4x200m Bronze
- Juliet – U13 – 4x100m (finals), 4x200m Silver
- Oliver & Luke – U13 4x100m (finals) 4x200m (finals)
- Tom M – 4x200m
- Novak – U9 - 4x200m, 4x100m
- Kailani – U11 – Shotput 5th, Long Jump 7th
- Bella – U12 – Shotput 4<sup>th</sup>

## BMX

Last Sunday, Ty and Kody competed in the first round of the BMX State Series at Cross Keys. Over 200 people competed on the day and both boys had a great day.

Ty had a great round and won GOLD in the 12yr Boy 20" category. There are 7 rounds altogether so he is off to a good start! Ty was also awarded the 2016 State Champion (which is the 3<sup>rd</sup> year in a row!). As a result he has been named Captain of the State Team and will compete in the National Titles in Brisbane in April/May, we wish him all the best. In a few weeks time he will join a state training camp in Brisbane in preparation for the Nationals. Well done Ty!

## State Squads

Last weekend, Portia auditioned for the State Squad for Acro/Contortion/Dance and was selected! Well done Portia! She now has a commitment of 8hrs per week for dance and technique classes leading to the National Competition later in the year. All the best with that Portia!

Holly has been asked to join the girls State Water Polo Squad for training! Well done Holly! She will now have extra training sessions in preparation for selections

*Michelle Burton*

PE Teacher

## A Masterclass for Parents of Pre-school to Year 12 Students - Presented by Dr Michael Carr-Gregg

On Tuesday night we were fortunate to attend a presentation by Dr Michael Carr-Gregg at Brighton Secondary School (BSS) organised by the Holdfast Partnership. The Holdfast Partnership includes BSS; Brighton, Glenelg, Paringa Park, St. Leonards, and Warradale Primary Schools; Ballara Park, Baden Pattinson, Dover, Dunbar Terrace, Oaklands Estate, Seacliff Community, Somerton Park and Warradale Kindergartens.

Dr Michael's presentation was outstanding, informative and practical.

The Holdfast Partnership (Kindergartens and Schools) has been focusing on the concepts of struggle and stretch in learning. This presentation delivered some background on these philosophies and gave parents an understanding of how to apply similar philosophies in the relationships with their children.

Some of the key messages he talked about included cyber safety, sleep, communication and resilience.

### Cyber safety

Practical strategies to keep yourself and your children Cyber safe included:

- Talk about it before it happens
- Work out strategies to address any potential issues
- Do not reply
- Block the person
- Save the evidence
- Report abuse

This website helps parents have simple controls over screen time by blocking internet and app access. <http://ourpact.com>



Another brilliant interactive guide to help parents and children stay safe and secure.

<https://www.esafety.gov.au/education-resources/iparent>



### Sleep

Dr Michael Carr-Gregg stressed the importance of children having a good sleep. Some useful tips he outlined include:

- Dimming the lights 30 minutes before bed
- Implementing a regular routine
- Cooling your body temperature
- Minimizing anxiety
- Avoiding stimulants

### Communication

Tips for good communication included:

- Don't talk too much and listen more
- Look for compromise and negotiate
- Use humour

### Resilience

To become more resilient children need to:

- Have a charismatic adult in their life from which they can draw strength. This may be a parent or could be another adult (friend or family member) who is a positive role model for them
- Develop social and emotional competencies as to how to solve problems, manage anger etc. usually by modeling such behaviour yourself
- Develop positive self talk to improve confidence and self esteem
- Find something that interests them. Find their spark whether it is an interest in art, music, dance, drama, sport etc.
- Increase spirituality. Children that are bound to a belief system feel a sense of connectedness and part of something bigger than themselves.

Dr Michael Carr-Gregg spoke about the importance of parents talking to their children after school. He suggests asking your child **“What are 3 good things that happened today.”** He said it is possible to rewire the brain and that keeping a gratitude journal is a fabulous way to keep children positive.

Please contact me if you would like some more information or would just like to offer some comments or suggestions.

*Tracey Bennett*

[Tracey.bennett463@schools.sa.edu.au](mailto:Tracey.bennett463@schools.sa.edu.au)

### Walk your Wheels!

Please note for the safety of children and their families, all children of any age are required to **walk their wheels** in the school grounds both before and after school. This includes scooters, bikes and skateboard. Thank you for your co-operation.



### Riding Safety



It has been reported to us that some children have been seen riding on the road without a helmet. Please ensure for your child's safety and protection that if they are riding a bike, skateboard or scooter that they are wearing a helmet – especially if they are on the road.

### Photo Competition

For Harmony Day on Tuesday 21 March 2017 we are holding a school photo competition. It is open to all children and their families. The image must represent diversity, inclusiveness, respect and/or belonging. Photos will be displayed in the school. There will be a small prize for the best image. Photos must be printed and given to the Front Office by Tuesday 14 March. Please ensure your child's name and learning area is on the photo. Have fun!

*Sue Mauger*



## WOW: Wipe Out Waste

This year we are hoping to seriously make a difference in the amount of school waste we produce. Reducing the amount of waste saves time and money emptying bins, sorting through the rubbish and getting it collected, and most importantly reduces our footprint on the earth saving our resources. To help us do this..... **PLEASE:**

**GIVE** your children less food

**ASK** them what they would like to eat

**ENCOURAGE** them to bring home uneaten food.

**GIVE** them a smaller piece of fruit

**BUY** in bulk (yoghurt, chips, etc.): this saves you money and means less chip packets and containers which go into landfill.

**PURCHASE** some small recyclable containers which can be used for their recess and lunch.

**USE** less wrapping. Many lunchboxes now have areas for each type of food.

**THANK YOU** for your help. Together we can make a difference!

From the WOW committee



**REDUCE  
REUSE  
RECYCLE**

## DECD Strings lessons

Have you ever considered playing a Strings instrument?

Paringa Park is now taking new enrolments for students in years 3-7 at our school who would like to learn the violin, viola, cello or double bass.

Instruments can be hired from the school and lessons are free and take place here at Paringa Park Primary School on Tuesday mornings.

Any enquiries can be emailed to Jon Osborne, [jon.osborne970@schools.sa.edu.au](mailto:jon.osborne970@schools.sa.edu.au), or you can contact him through the school. New Enrolment forms and Hire Agreements can be picked up from the office.



## Sigatoka Fiji Update

Bula from Fiji! We have heard from the Principal Mr Gounder that he and his family have transferred to another school, which is a much larger school than the previous school. This school is also in Sigatoka Fiji and it geographically closer to Sigatoka Town.



Mr. Gounder is Principal of the Korotogo Andhra Sangam Primary School which has 475 children and 16 teachers, and Mrs Gounder is working in the kindergarten which has 60 children and 2 helpers. Last week they had a special guest at their school, their GM (I think it is the General Manager of Schools) for their Prefects' induction.

Mr. & Mrs. Gounder are very keen to stay connected to Paringa Park Primary School and the St. Philip's Church, as they have appreciated the help we have been able to give for the different schools at which they have been working. They welcome our ongoing connection.

The Korotong Andhra Sangam Primary School has many challenges and needs, including library books and sporting equipment, work books and many pens, pencils, crayons, textas etc support the children in their learning.

On the 18 September 2017 a group will be travelling to Fiji to see Mr. & Mrs. Gounder and their family and the new school. We hope to either send or take some items across with us on our visit to the new school and kindergarten.

How privileged we are to be able to help another school with some items that will enhance their ongoing learning.  
Blessings  
Rev Barb

## Acquaintance Night



**TERM 1 2017**

Term 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Week 1	30/1 Assembly 10:15am	31/1	1/2	2/2	3/2	4 <sup>th</sup> and 5 <sup>th</sup>
2	6/2 Aquatics	7/2 Aquatics Acquaintance Night	8/2 Aquatics	9/2	10/2 Aquatics  Assembly LA2-10	11 <sup>th</sup> and 12 <sup>th</sup>
3	13/2	14/2 Kingston Pk excursion	15/2 Road Crossing Training	16/2	17/2	18 <sup>th</sup> and 19 <sup>th</sup>
4	20/2 AGM Governing Council	21/2	22/2	23/2	24/2 Assembly LA2-7 SAPSASA Swimming	25 <sup>th</sup> and 26 <sup>th</sup>
5	27/2	28/2	1/3	2/3	3/3	4 <sup>th</sup> and 5 <sup>th</sup>
6	6/3 Pupil Free Day Cultures of Thinking 6/7 Camp	7/3 6/7 Camp	8/3 6/7 Camp	9/3	10/3 Assembly LA1-11	11 <sup>th</sup> and 12 <sup>th</sup>
7	13/3 Adelaide Cup	14/3 School Photos	15/3	16/3	17/3 Principal's Tour Finance 8:00am	18 <sup>th</sup> and 19 <sup>th</sup>
8	20/3 SVE Excursion Governing Council 7:00pm SAPSASA Netball	21/3 Harmony Day Assembly 11am	22/3	23/3	24/3 Assembly LA1-1	25 <sup>th</sup> and 26 <sup>th</sup>
9	27/3 Belair National Park Excursion LA1-10,LA3-3	28/3 Belair National Park Excursion LA1-11,LA3-2	29/3 Belair National Park Excursion LA2-5,LA2-6	30/3 Sports Day	31/3 Pupil Free Partnership	1 <sup>st</sup> and 2 <sup>nd</sup>
10	3/4 Teacher Parent interviews	4/4 Teacher Parent interviews	5/4 Teacher Parent interviews	6/4	7/4 Assembly LA2-6	8 <sup>th</sup> and 9 <sup>th</sup>
11	10/4 Narnu Farm 1-1, 1-7, 1-9	11/4 Narnu Farm 1-1, 1-7, 1-9	12/4	13/4	14/4 Good Friday	15 <sup>th</sup> and 16 <sup>th</sup>